

Section: Division of Nursing
Approval: _____

* PROCEDURE *

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HACKETTSTOWN REGIONAL MEDICAL CENTER

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NEWBORN SERVICES
(Scope)

TITLE: ROOMING IN

PURPOSE: To outline procedures for Rooming In.

SUPPORTIVE DATA:

Rooming In Is Recommended:

1. To establish a routine for the care of the mother and infant so the mom will more readily adapt to the care of her infant at home.
2. To allow the dad the opportunity of holding, feeding and caring for his infant.
3. To give both parents confidence in infant care and observation.
4. To facilitate education and learning by providing infant care in the presence of parents.
5. Facilitates Attachment.
6. Reduces the risk of neonatal infection from other patients.

EQUIPMENT: Infant crib with routine care supplies

- PROCEDURE:**
1. Infant is available for rooming in as soon as mother's and infant's conditions are stable.
 2. Parents may give return demonstration bath ad lib.
 3. Instruct parent(s) in regard to infant care, feeding, observation and safety.
 4. Parents may request nursing staff to supervise infant at any time.
 5. Inform mom that infant may be left in room, but must not be left alone.
 6. Request mom to instruct visitors in hand washing prior to handling baby.
 7. Instruct parents to move baby around unit in crib (not to carry in arms).

References:

Hockenberry, Marilyn PhD, RN-CS, Wilson, David, MS, RNC (2007) Wongs Nursing Care of Infants and Children, Eighth edition, pp 299-303.

Symanski, M.E. (1992) Materanl-Infant Bonding: Practice Issues from the 1990's. Journal of Nurse-Midwifery (supplement) 37 (2):67-73.